

UPDATE – TRAVERSE CITY
March 16, 2011

By Michael Erlewine (Michael@Erlewine.net)

I spent last weekend in Traverse City presenting Tibetan mind-training exercises for two wonderful groups, the Seeds Non-Profit Environmental Organization and the Permaculture Design Class, part of Little Artshram. At my age it is very comforting to find younger people who care as much (or more!) about the environments we live in than those of us who started way back in the Sixties. While I was doing that my wife Margaret taught some of the same techniques at a women's retreat at the lovely Neahtawanta Inn on the Old Mission Peninsula nearby.

We could not leave our dog Molly (Molotov) at home so he rode with me and enjoyed every minute. Molly and I stayed in a lovely artist studio of a friend in Traverse City. Mollie stayed closer than usual to me and hung out in the car when the two of us were not out walking or I was working with the groups.

As for what I have been up to, I hope to have a surprise for all of you in a couple of days. I have been busy with that and look forward to sharing this project with my Facebook friends as soon as it is completed.

Meanwhile, here is another photo of my little sedum plant.

